



## FAMILY MEDICINE RESIDENCY OF IDAHO



### We serve Ada County's most vulnerable patients

46,000 Patient Visits/Year

1,000 Medical Admission/Year

1,000 OB Deliveries/Year

2,000 Pediatric Admissions &  
Newborn Care/Year

20,000 In-Patient Visits/Year

#### Clinic Locations

##### West Boise

777 N. Raymond St.  
Boise, ID 83704  
(208) 367-6030

##### East Boise

121 E. Fort St.  
Boise, ID 83712  
(208) 381-1775

##### Garden City

215 W. 35th St.  
Garden City, ID 83714  
(208) 319-0037

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## Letter from Program Director and CEO

Dear Friend,

The Family Medicine Residency of Idaho is on the forefront of exciting changes and positive growth in the practice of Family Medicine. Our focus is on both providing high quality graduate medical education and Patient-Centered Medical Homes in the Information Age. Neither exists without the other, one directly impacts the other.



As a medical education program, FMRI is on the cutting edge of piloting new approaches to high quality patient care. For example, FMRI is one of three Residencies in the country piloting a group model of maternal health care. The group model of patient care can also be an effective tool for people with diabetes, post-heart attack patients, well child care, heart failure, and other diseases. It has the added benefit to physicians of being an economically feasible way to provide ongoing care to patients with chronic illnesses.

That's what I call a Win-Win as FMRI strives to become the model Patient-Centered Medical Home of the 21st century.

  
Ted Epperly, MD

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## Board of Directors

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**Hortencia Martinez**—Hispanic Community Representative

**Janelle Reilly**—Interim CEO, Saint Alphonsus

**Pearl Simon**—Medicare Patient Representative

**Betty West**—Student, Nursing

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## "TRAIN TO REMAIN"



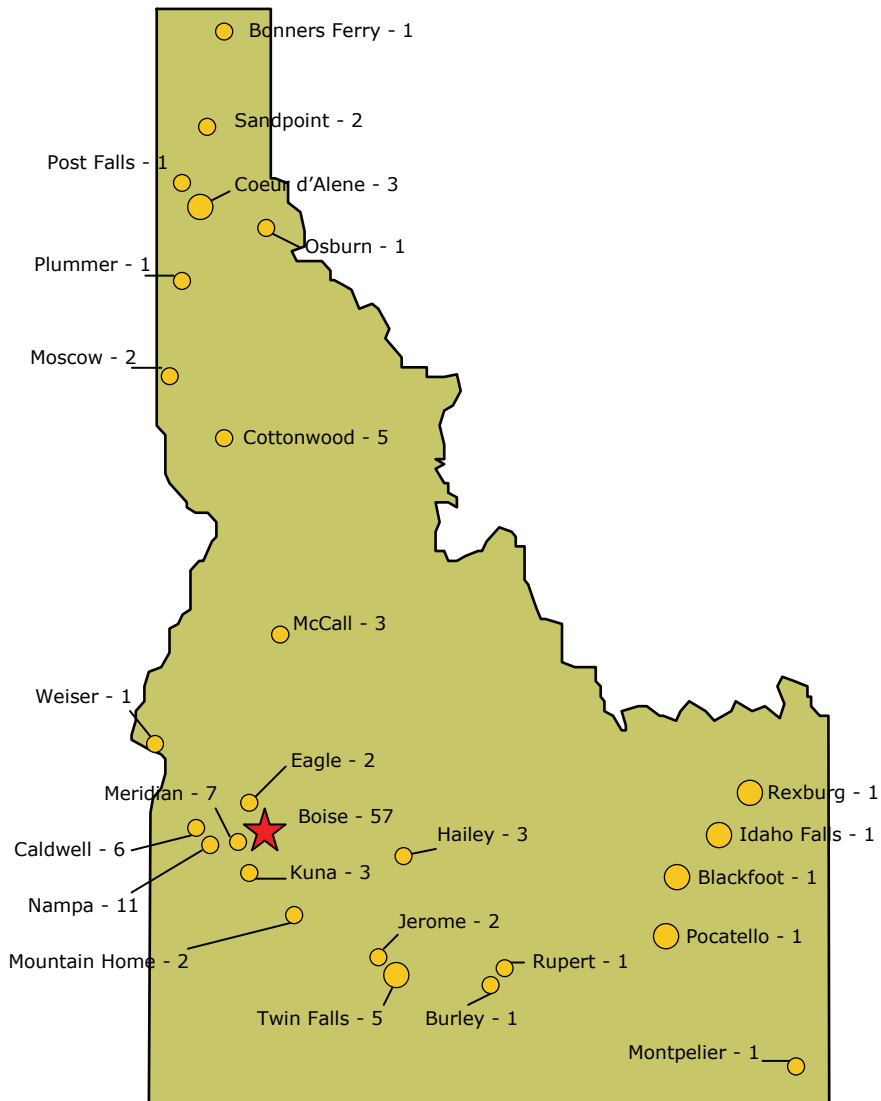
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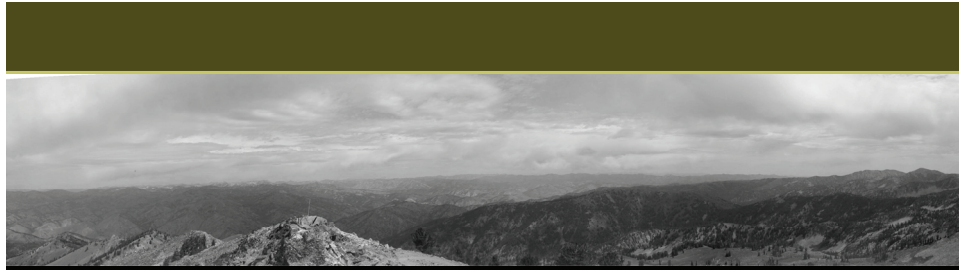
## 221 Graduates

56% practicing in Idaho

46% serving underserved/rural Idaho

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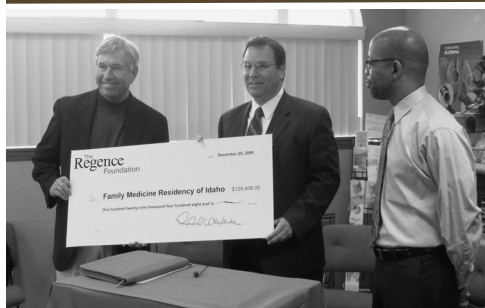


## Advocacy

This year, FMRI Program Director and CEO, Dr. Ted Epperly was invited to speak to the Governor's Select Committee on Healthcare and to the Idaho State Legislature. Funding Residency programs is an increasingly difficult challenge. When the State gave initial funding to start the Residency program in the mid-1970s, it did so in lieu of funding a medical school in Idaho. Today, Idaho-based residency training remains the best, most cost effective approach to recruiting physicians to Idaho.

Unfortunately over the years, the state support has not kept up with necessary expansion of the program to meet the needs of an aging primary care physician population in Idaho. Current Idaho support per resident is \$26,921 or about 8% of the FMRI budget. Nationally state support averages \$70,000 per resident. FMRI total cost per resident is \$120,000. FMRI must earn or receive community support for every dollar not provided in state support. As can be seen, providing graduate medical education in Idaho requires a complex array of funding sources and community/state partners. The single largest source of funding comes from revenue generated from patient services. Saint Alphonsus and St. Luke's Regional Medical Centers also make substantial contributions to the Residency.

Dr. Epperly has expanded his role as advocate for not only FMRI but for Family Medicine as a specialty as the 62nd President of the American Academy of Family Physicians (AAFP). Founded in 1947, the AAFP represents more than 94,600 physicians and medical students nationwide. Dr. Epperly is already proposing changes to the U.S. health care system that will expand services to more people without sacrificing quality or increasing costs.



January 2009, FMRI opened a new clinic at the Garden City Community Clinic with funding from the Regence Foundation (\$129,408). This clinic is a good example of collaborative relationships to expand services to low income during difficult economic times.



### **Our Vision**

Develop outstanding family physicians to serve the citizens, families, communities, and the State of Idaho.

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### **Patient Care**

Residents, faculty, and other FMRI health care providers have over 46,000 patient encounters per year in two health care clinics in Boise and in the area's two major regional medical centers. FMRI physicians deliver over 1,000 babies each year and attend to over 2,000 children in the hospital. The two FMRI medical centers also provide gynecological, orthopedic, and internal medicine service. The Raymond Street Clinic houses HIV-AIDS Services.

Exemplifying one value of Patient-Centered Medical Home, FMRI clinics see patients regardless of their ability to pay. The largest source of patient revenue comes from Medicaid (57%), the uninsured make up 13% of the patient population, and the remainder is covered by Medicare or private insurance. We are now four years into our Electronic Medical Record (EMR) system and have just started open access scheduling. This new scheduling system will allow us to see our patients in a much more timely way and truly put patients centered into the concept of the Patient Centered Medical Home concept.

Other values that FMRI incorporates in this new model of Family Medicine include: Whole-Person Orientation, Patient-Centered Care, Team Approach, Elimination of Barriers to Access, Emphasis on Quality and Safety, Broad Range of Services, and Care within a Community Context.

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With generous donations from the Harry W. Morrison Foundation (\$50K) and the Laura Moore Cunningham Foundation (\$20K), FMRI implemented a digital x-ray suite to replace the antiquated x-ray generator that was installed used in 1976 and was a gift from a local hospital who was updating their technology.



**INTEGRITY | COMPASSION | ACCESS**



### **Our Mission**

Train superb medical school graduates to become outstanding family physicians.  
Prepare broadly trained family physicians to practice in rural Idaho.  
Serve the underserved.

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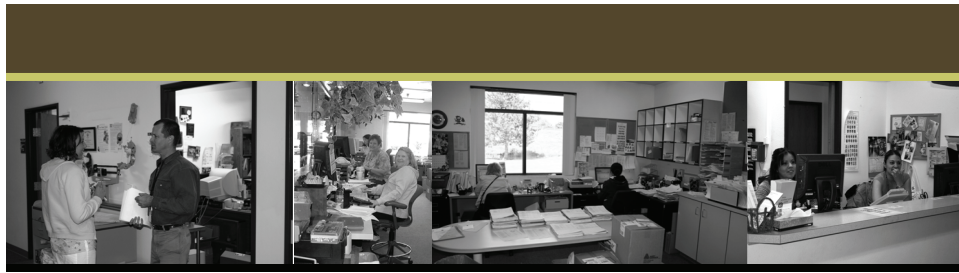
### **Resident Education**

Idaho ranks 8<sup>th</sup> nationally in resident retention due in large part to FMRI's emphasis on rural medicine, including two Rural Training Tracks and over 25 sites for rural rotations. In addition, FMRI offers training in the broadest range of specialties: obstetrics, gynecology, pediatrics, orthopedics, and infectious diseases. FMRI has a Sports Medicine Fellowship, HIV/Primary Care Fellowship, and is working toward Fellowships in Obstetrics, Geriatrics, and Palliative Care.

Currently, there are 33 residents from outstanding United States medical schools in 16 states in the three-year program with future expansion plans of up to 39 residents and eventually to 48 residents over the next ten years. Other quality parameters that demonstrate FMRI's excellence include: Full and continuous certification of Residency Programs by the Residency Review Committee for Family Medicine (RRC-FM) since the Program's inception. FMRI residents score well above the nations mean on national exams. One hundred percent of FMRI graduates over the last 34 years have become board-certified in Family Medicine. The statistic that makes us most proud is that a majority of FMRI graduates practice in rural areas throughout the region and nation. Many of the 56% who remain and practice in Idaho serve in medically underserved populations and areas.

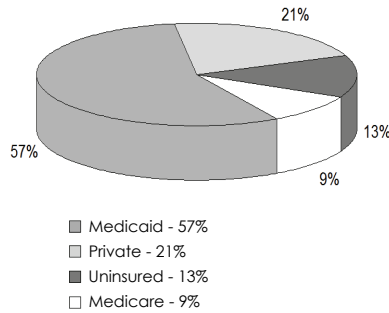
FMRI has experienced positive growth in the area of rural medicine. The Rural Training Track (RTT) is the most intensive training in rural practice offered by FMRI. FMRI has hosted RTTs for two residents per year in Caldwell, Idaho. A second RTT has been launched in the Twin Falls/Jerome area. The first resident will start in June 2009. RTT residents spend Year 1 in Boise at the FMRI clinics and Years 2 and 3 in either Caldwell or Twin Falls/Jerome. We are also exploring new sites for rotations and for future RTT's.

**RESPONSIBILITY | EXCELLENCE | COMMITMENT**

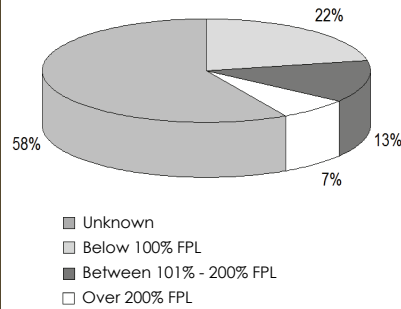


**Our Motto**  
Train to Remain

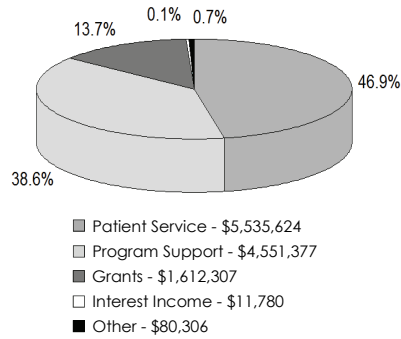
**Users Principal Source of Insurance**



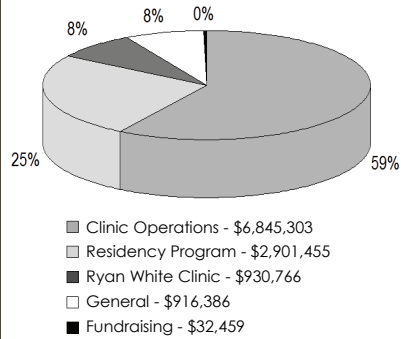
**Users by Federal Poverty Level (FPL)**



**2008 Income - \$11,791,394**



**2008 Expense - \$11,626,370**



**Assets**

Cash	\$381,222
Accounts Receivable	\$857,807
Other Current Assets	\$164,059
Long-Term Assets	\$384,851
<b>TOTAL</b>	<b>\$1,787,939</b>

**Liabilities**

Liabilities	\$913,009
Net Fund Balance	\$874,930
<b>TOTAL</b>	<b>\$1,787,939</b>

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FAMILY MEDICINE RESIDENCY  
OF IDAHO

777 NORTH RAYMOND STREET  
BOISE IDAHO 83704

RETURN SERVICE REQUESTED

[www.fmr.idaho.org](http://www.fmr.idaho.org)

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