



FAMILY MEDICINE RESIDENCY
OF IDAHO

Federally Qualified Health Center Look Alike



EDUCATION IS OUR BUSINESS

Patient Care is How We
Educate and Serve



Our Vision

- ◆ Develop outstanding family physicians to serve the citizens, families, communities, and the State of Idaho.

Our Mission

- ◆ Train superb medical school graduates to become outstanding family physicians.
- ◆ Prepare broadly trained family physicians to practice in rural Idaho.
- ◆ Serve the underserved.

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From cover-clockwise from top left: Residents and faculty at conference in Kansas City; residents at casting conference; 78% of all children we see are low income; Dustin Smith, M.D. with patient; Emily, Dustin and Lloyd (R3s) down on the farm in rural Idaho. Above-left to right: Emily Grimsrud, M.D. at Idaho State Capitol building; FMRI faculty, residents and staff; Brandon Isaacs, Assistant Director of Operations instructs residents.

Family Medicine Residency of Idaho

Board of Directors

Sam Summers, M.D., President—Family Physician
Kevin Scanlan, Vice President—Attorney
Alec Andrus, Treasurer—Retired Corporate Manager, Hewlett Packard*
Linda Clark, Ed.D., Secretary—Superintendent, Meridian School District*
Jeri Bigbee, Ph.D.—Endowed Professor, School of Nursing, Boise State University*
Sara Cahoon—Social Work Student*
Joann Elsberry*
John Evans—Mayor of Garden City*
Kathy Garrett—Former State Legislator
James Girvan, Ph.D.—Dean, College of Health Sciences, Boise State University*
Kathy Holley—Retired Director, Idaho's Central District Health Department
John Kee—Vice President, Physician Services, St. Luke's
Karl Kurtz—Retired Director, Idaho Department of Health & Welfare
Maria Perkins*
Janelle Reilly—Chief Strategy and Accountable-Care Network Officer,
Saint Alphonsus Health System
Pearl Simon—Medicare Patient Representative*
Tom Symonds*
Diane Turner*

*These board members are patients who use FMRI services.

Family Medicine Residency of Idaho (FMRI) is a Federally Qualified Health Center Look Alike (FQHC-LA)

This means that FMRI is:

- a community health center;
- offers services to patients based on need using a sliding fee scale adjusted to income;
- has a board in which 51% of the board members are patients who use FMRI services;
- receives enhanced reimbursement from the federal government for services to Medicaid and Medicare patients;
- qualifies for the federal drug pricing program which when operational will allow us to offer lower cost prescriptions to qualifying patients;
- a member in good standing of the Idaho Primary Care Association, the statewide association for community health centers.

Because we are a look-alike. We do not receive the same annual federal grant given to Federally Qualified Health Centers (FQHCs), we do not qualify for federal liability insurance, and we are not eligible for special grant programs for FQHCs only. This is at least \$1 million dollars a year that we do not receive for services to vulnerable populations that federally qualified health centers receive.

Community Leaders and Patients Working Together



Program Director and CEO's Message

Dear FMRI Friends,

As 2010 comes to an end, I look back over the year and continue to be amazed at the ongoing support that the Family Medicine Residency of Idaho (FMRI) has received to continue to expand training for Idaho physicians, even during these very difficult times. I am highlighting just a few of these accomplishments here:

- ◆ The FMRI Board of Directors, composed of 51% consumers, meets monthly and commits significant personal time to discussions of strategic direction, finances, residency education and patient care. Their commitment to the program is truly inspiring.
- ◆ We continue to recruit outstanding medical students from all across the country to become superb family medicine residents.
- ◆ We continue to enjoy significant ongoing financial and in-kind support from our collaborating partners St. Luke's Boise-Meridian Regional Medical Center, Saint Alphonsus Regional Medical Center and the Boise VA Medical Center. These hospitals have been with the residency from the beginning and continue to be our "best friends".
- ◆ We have continued and grown our rural training track program in Caldwell. This would not be possible without the continuing support of West Valley Regional Medical Center.
- ◆ The first resident began work in the newly created Magic Valley Rural Training Track. This was initially launched with funding from Governor Otter and the State Legislature. This program now receives substantial community support from St. Luke's Magic Valley and St. Benedicts, Jerome.
- ◆ We received two large federal grants this summer to expand both rural training tracks in Caldwell and Magic Valley by one resident each.
- ◆ We were surprised and excited to receive a grant of \$300,000 over three years from the Blue Cross Foundation for Health to support rural rotations throughout Idaho and encourage our residents to choose Idaho for their long term practices.
- ◆ We have experienced significant growth in both volume of patients, number of residents and size of staff here in Ada County. This year we have opened new clinics in Meridian and on Emerald in Boise.
- ◆ We have expanded services to vulnerable patients by contracting with the Idaho Department of Health and Welfare to be the medical screening clinic for refugees entering our country in Ada County.

Through all the stress caused by relentless change, the FMRI residents, faculty, and staff continue to provide high quality services in a patient-centered medical home.

My best to you in 2011,

Ted Epperly, M.D.
Program Director and C.E.O.



Dr. Epperly completed his tenure as Chairman of the Board of the American Academy of Family Physicians (AAFP) in fall 2010. The Academy presented him with a personal letter from President Obama and a picture with Dr. Epperly meeting with the President to recognize him for his service. Pictured from left to right: Ted Epperly, M.D.; Lori Heim, M.D. (AAFP President); Dave Schmitz, M.D. (Idaho AAFP Alternate Delegate); Bill Woodhouse, M.D. (Idaho AAFP Delegate).

Who We Are

In 1974, Family Medicine Residency of Idaho (FMRI) received accreditation as a three-year family medicine residency program. The initial class of four entered the residency program a year later. In 1983, the Raymond Street Clinic opened in the east wing of the current facility. Between 1983 and 1993, social services, obstetric, and pediatric clinics were added to the services. FMRI in Boise, currently has 38 residents in training. A Rural Training Track (RTT) program was started in 1995 located in Caldwell and a new RTT program in Twin Falls/Jerome in 2009. We will be adding one more resident to Caldwell and two more to the Magic Valley this next year. The mission of FMRI is to enhance the health of the citizens of Idaho by providing family medicine resident physicians with three years of high quality education with a strong emphasis on the demands and opportunities of rural and under-served populations. To date, 241 Family Medicine physicians have graduated; 56% are practicing in Idaho and 42% are serving underserved or rural Idaho.

2009-2010 FMRI Facts

- ◆ 41,566 patient encounters
 - ◆ 38 residents
- ◆ 15 residents in rural training sites (in next 3 years)
 - ◆ 241 graduates
 - ◆ 134 graduates in Idaho
- ◆ 54 graduates practicing in rural Idaho
 - ◆ 27 rural training sites
 - ◆ 39 faculty
 - ◆ 181 employees



2010 FMRI Residents pictured at our Raymond Clinic.

777 N Raymond, Boise, ID 83704



121 E Fort St, Boise, ID 83702



215 W 35th St, Boise, ID 83714



2321 E Gala St, Meridian, ID 83642



6094 W. Emerald, Boise, ID 83704



FMRI Clinics

FMRI operates a total of five primary care clinics throughout Ada County. All five clinics offer a sliding fee scale for patients without insurance or other financial resources. The most recent addition, Emerald Clinic, opened on September 15th, 2010 and the facility includes 14 exam rooms and one procedure room for primary care and family medicine. The clinic serves as the medical home for the Wellness-HIV Clinic, Refugee Screening Clinic for the Idaho Department of Health and Welfare and also has three family physicians on site to provide general family medicine care.

Clinic services may be scheduled by calling 208-514-2500.

Training Physicians in Rural Idaho

Delivering Doctors

Family Medicine Residency of Idaho (FMRI) has been very successful at training family physicians who remain in Idaho. Since its inception in 1975, 56% of 241 graduates have chosen to stay in Idaho. A medical residency program is a three year period of formal graduate medical education that consists of on-the-job training of medical school graduates. Completion of a residency program is required for board certification.

Studies rank Idaho 50th in the nation for its ratio of primary care physicians to the population. The Idaho State Board of Education recommends a 42% increase by 2025 in physician workforce to maintain doctor/patient ratios because of an expanded population and a greater number of elderly patients requiring more health care.



Dave Schmitz, M.D. visits with resident Ashley Binder, M.D. about where in rural Idaho she might like to serve.

FMRI Receives Grant for Rural Expansion

FMRI has received two five year grants totaling \$1,920,000.00 from the U.S. Health Resources and Services Administration to train more family physicians. The grants are part of the Federal Affordable Care Act, which was part of the new national health care legislation passed earlier this year.

The funds are targeted to increasing the number of residents at the rural training track in Caldwell by 1 per class, bringing the total number of residents in the Caldwell Rural Training Track (RTT) program to 9 residents in total over the next 3 years. Grant funds are also targeted towards the rural training track in the Magic Valley, bringing the total number of residents in the Magic Valley RTT program to 2 per class and 6 in total after the expansion is complete.

Dr. Dave Schmitz, Associate Director of Rural Family Medicine for FMRI said, "These funds are very important to us for expanding opportunities to train family physicians in Idaho. The design of the rural training track model is to offer residents the opportunity to train in locations outside of Boise and thus, encourage these doctors to choose rural practice. While the grant funding only covers a part of the expenses related to resident education, receipt of these funds is a crucial step in fulfilling the Family Medicine Residency of Idaho's mandate from the Governor and the State Board of Education to expand graduate medical education of physicians."

27 Rural Training Sites





Magic Valley Rural Training Track

The Magic Valley welcomed the first family medicine resident to the newly created Magic Valley Rural Training Track (RTT). Jeanette Walker, MD, a second year resident of the Family Medicine Residency of Idaho (FMRI), is currently practicing in Jerome under the sponsorship of St. Benedicts Family Medical Center, Family Care Physicians, and in Twin Falls with St. Luke's Clinic and St. Luke's Magic Valley Medical Center.

The Magic Valley RTT began in 2008 with one resident per year. Dr. Walker will be the first graduate of the program in 2011. The first year of training is completed in Boise with the core residency program. The second and third year residents complete their training in Magic Valley.

The Magic Valley RTT is a branch of the main FMRI program designed especially for broad-spectrum rural family medicine training. Residents become members of the physician team serving the rural community of Jerome while having the benefit of rotations with specialists in the referral community of Twin Falls, located only fifteen miles away. The flexibility and adaptation of this new program to both the professional and personal needs of the residents is aimed to achieve the balance necessary to make well-prepared, fulfilled family physicians dedicated to serving rural communities.



Jeanette Walker, M.D., first resident in the newly created Magic Valley Rural Training Track.



Pictured clockwise from top left: Todd Palmer, M.D. with 2 FMRI graduates in Guatemala; Andrew Ellsworth (R2), Laura Ellsworth (spouse), Collen Zimmerman (R2) enjoying Alive After Five; Sarah Gerrish (R2) in Sun Valley with Dr. Paris flying to Challis; 15 FMRI graduates currently practice in Orofino, Idaho; Residents having fun at the Annual Residency Retreat.



Family Medicine Residency of Idaho

Alumni and Friends Gala Dinner

May 21, 2011
Denim & Diamonds

Boise State University

STUECKLE SKY CENTER

2011 Alumni & Friends Awards Recipients

Jerome A. Hirschfeld, M.D.

was the first Director of Pediatric Education at Family Medicine Residency of Idaho and served in this capacity from 1992-1998. He went on to become the first Director of St. Luke's Hospital for Children (1998-2009). Dr. Hirschfeld is a beloved pediatrician and teacher, including being named the "Faculty of the Year" while on staff at the Residency. He is a relentless advocate on issues important to children's health.

Robert B. Montgomery, M.D.

was one of the founding members of Family Medicine Residency of Idaho and subsequently served as a board member and board chairman. After precepting for the Residency, Dr. Montgomery began teaching general surgery in 1996 and retired from service in the fall of 2010. Dr. Montgomery was also a founding member and managing partner of Boise Surgical Group, PA He has practiced general surgery since 1967 and served as Vice President of Medical Affairs at Saint Alphonsus Regional Medical Center.

Casey Meza

is receiving a FMRI Alumni and Friends Award for her commitment to the provision of high quality rural health care in Idaho. Casey serves as Trustee Chief Executive Officer of St. Mary's & Clearwater Valley Hospital & Clinics in Cottonwood and Orofino, Idaho. "She is known as an educator, innovator and leader in rural health care." says David Schmitz, M.D., FMRI. "She has established a hospital environment that serves the needs of rural family physicians very well." There are currently five physicians who trained at FMRI who practice in Cottonwood and Orofino.

A Big Thank You to Our Ongoing Supporters!



Blue Cross of Idaho Foundation for Health donated \$100,000 to FMRI this year. Pictured from left to right are: Steve Tobiason, General Counsel/Senior V.P. Legal Services and Governmental Affairs of Blue Cross of Idaho; Ray Flachbart, President and C.E.O. of Blue Cross of Idaho; Governor Butch Otter; Ted Epperly, M.D.; Derek Jackson, M.D.; Dave Schmitz, M.D.; Julie Robinson, D.P.A.

2010 Community Grants

- ◆ \$100,000– Blue Cross of Idaho Foundation for Health for training of residents in rural rotations
- ◆ \$17,600– March of Dimes Foundation (Idaho Chapter) for supporting OB group care visits
- ◆ \$10,000– Laura Moore Cunningham Foundation for distance learning equipment
- ◆ \$10,000– United Way of Treasure Valley for Dental Homes for Treasure Valley Children

2010 Alumni & Friends Event



Premier Sponsor

Blue Cross of Idaho

Entertainment Sponsor

KeyBank

Food and Beverage Sponsor

Saint Luke's Regional Medical Center

Audio Visual Sponsor

West Valley Medical Center

Dessert Sponsors

Interpath Laboratory, Inc.

Norco, Inc.

Grand Fir Hosts

Boise Radiology Group

Boise State University

Emergency Medicine of Idaho

Saint Alphonsus Foundation

St. Luke's Idaho Cardiology Associates

St. Luke's Idaho Pulmonary Associates

St. Luke's Magic Valley Medical Center

St. Luke's Neurosurgical Group

Ponderosa Hosts

Caldwell Urology

Jim Blackman, M.D.

John Kee

St. Luke's Idaho Family Physicians

St. Luke's Mountain View

Medical Center

West Idaho Orthopedics and Sports

Medicine

Western White Pine Hosts

Idaho Academy of Family Physicians

Shawn Nowierski, M.D.

Katie Reynolds, M.D.

Joni Stright, M.D.

Geoff Swanson, M.D.

Celebrating 35 Years

Pictured from left to right above: Ted Epperly, M.D. and Mayor Bieter presenting awards to key sponsors; Fools Squad members Tom Willmorth and Joe Golden delivering a memorable performance on Health Care Reform for our entertainment; View of event reception held at Powerhouse in Boise, Idaho.

How You Can Help

Challenges Ahead...

- ◆ Help procure more family physicians for Idaho.
- ◆ Help improve Idaho from being 50th in the U.S. for primary care physicians per capita.
- ◆ Grow program from 13 residents per year to 16 residents per year of training.
- ◆ Continue to provide superb high quality care to Ada County citizens.
- ◆ Continue training to over 28 rural Idaho communities.
- ◆ Become Idaho's first "Patient Centered Medical Home".
- ◆ Become one of the nation's first Teaching Health Centers.
- ◆ Manage rapid change in Idaho's and the National Health Care System.

Funds raised through FMRI Alumni and Friends' events support development of a sustainable rural medical education program in Idaho.

- ◆ Visit us online at: www.fmridaho.org to make a donation today!

- ◆ Check/cash gifts can be mailed to :

Family Medicine Residency of Idaho
c/o Desiree Harris
6094 W. Emerald
Boise, ID 83704

- ◆ Contact us to become a sponsor or to reserve tickets for May's Alumni & Friends Gala Dinner:

Desiree Harris
Phone: 208.514.2500 x7029
E-Mail: desiree.harris@fmridaho.org



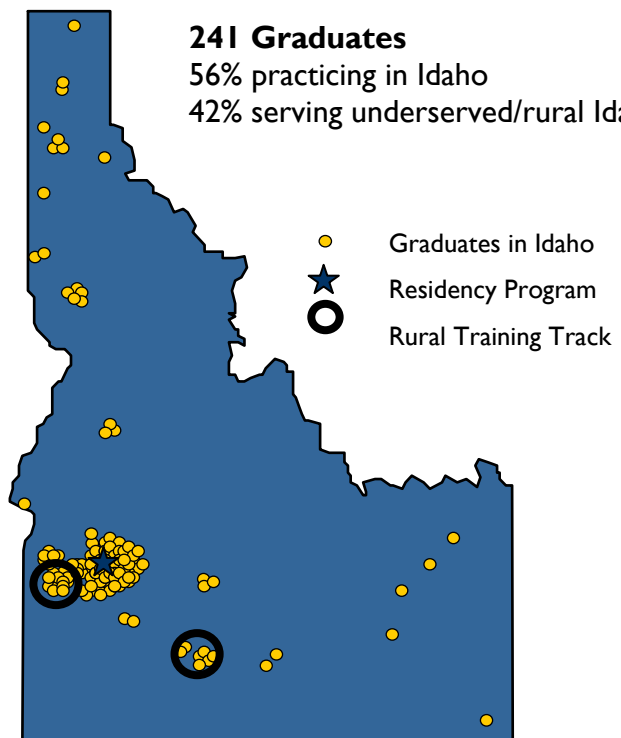
Graduating Class of 2010

FMRI Graduates

241 Graduates

56% practicing in Idaho

42% serving underserved/rural Idaho



Annual Financial Statement as of June 30, 2010

Thank you to Governor Otter and the Idaho Legislature for seed money to develop the Magic Valley Rural Training Track.

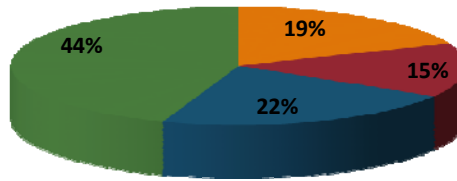
Thank you to St. Luke's Magic Valley Medical Center and St. Luke's Clinic in Twin Falls and St. Benedicts Family Medical Center, and Family Care Physicians in Jerome for supporting our Magic Valley Rural Training Track.

Also, the Caldwell Rural Training Track established in 1995 is supported financially by West Valley Medical Center. New federal funding is slated for expansion.



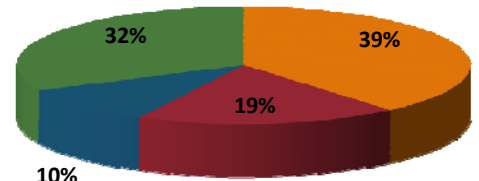
Colleen Zimmerman (R2) having an international experience in Kenya.

Users Principal Source of Insurance



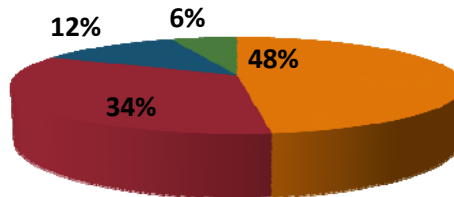
- Medicaid - 44%
- Private - 22%
- Medicare - 15%
- Uninsured - 19%

Users by Federal Poverty Level (FPL)



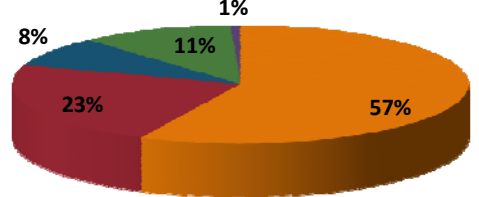
- Unknown - 32%
- Below 100% FPL - 39%
- Between 101% - 200% FPL - 19%
- Over 200% FPL - 10%

FY'10 Income



- Patient Services - \$7,869,253
- Program Support - \$5,543,665
- Grants - \$2,014,842
- Settlement of Prior Year Cost Reports - \$958,000*
- Other - \$45,412
- Interest Income - \$1,646

FY'10 Expenses



- Clinic Operations - \$8,460,463
- Residency Program - \$3,415,252
- Ryan White Clinic - \$1,206,818
- General - \$1,621,600
- Development & Fundraising - \$104,296

Assets FYE 6/30/10

Cash	\$1,107,181
Accounts Receivable	\$1,177,789
Other Current Assets	\$1,549,639
Long-Term Assets	\$359,361

TOTAL **\$4,193,970**

Liabilities FYE 6/30/10

Liabilities	\$1,029,693
Net Fund Balance	\$3,164,277

TOTAL **\$4,193,970**

*Net patient service revenue increased by approximately \$958,000 in 2010 due to differences between the original estimates and revised estimates for final Medicare and Medicaid settlements.

Our Largest Donors—St. Luke's and St. Alphonsus

St. Luke's Boise-Meridian Regional Medical Center and Saint Alphonsus Regional Medical Center have provided financial assistance to FMRI since its inception in 1975.

Today, that support is well over a million dollars a year from each hospital. In addition, both hospitals frequently donate equipment, space, and technical expertise to FMRI.

Most important they both provide high quality, caring inpatient settings where our residents have the opportunity to learn about some of the finest medical care in the country.



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— OF IDAHO —

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