

# Annual Report FY'09



## FAMILY MEDICINE RESIDENCY OF IDAHO



### **EDUCATION IS OUR BUSINESS**

Patient Care is how we  
Educate and Serve

#### Clinic Locations

##### **WEST BOISE**

777 N Raymond, Boise, ID 83704



##### **EAST BOISE**

121 E Fort St, Boise, ID 83702



##### **GARDEN CITY**

215 W 35th St, Boise, ID 83714



##### **MERIDIAN**

2321 E Gala St, Meridian, ID 83642

Dear Friend,

The Family Medicine Residency of Idaho is on the forefront of exciting changes and positive growth in the practice of Family Medicine. Our focus is on providing both high quality graduate medical education and Patient Centered Medical Homes in the Information Age. Neither exists without the other, one directly impacts the other.



As a medical education program, FMRI is on the cutting edge of piloting new approaches to high quality patient care. For example, FMRI is one of three Residencies in the country piloting a group model of maternal health care. The group model of patient care can also be effective for people with diabetes, cardiac issues, post-surgery recovery, and other conditions. It has the added benefit to physicians of being an economically feasible way to provide ongoing care to patients with chronic illnesses.

That's what I call a Win-Win as FMRI strives to become the model Patient Centered Medical Home of the 21st century.

Ted Epperly, MD  
Program Director and CEO

#### Board of Directors

**Sam Summers, MD**, President—Family Physician

**Kevin Scanlan**, Vice President—Attorney

**Alec Andrus**, Treasurer—Corporate Manager, Hewlett Packard

**Linda Clark, EdD**, Secretary—Superintendent, Meridian School District

**Jeri Bigbee, PhD**—Endowed Professor, School of Nursing, Boise State University

**Sara Cahoon**—Student, Social Work

**Joann Elsberry**—Consumer

**Kathy Garrett**—former State Legislator

**James Girvan, PhD**—Dean, College of Health Sciences, Boise State University

**Kathy Holley**—Retired Director, Central District Health Department

**John Kee**—Vice President, Physician Services, St. Luke's

**Karl Kurtz**—Retired Director, Idaho Health & Welfare

**Janelle Reilly**—Chief Operating Officer, Saint Alphonsus

**Pearl Simon**—Medicare Patient Representative

**Betty West**—Student, Nursing

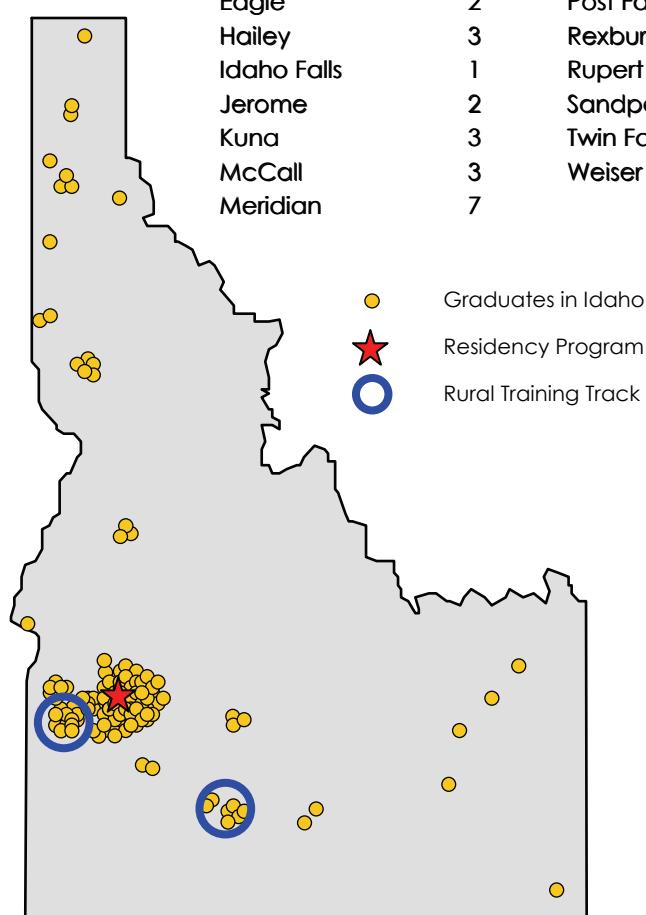
“TRAIN TO REMAIN”

## **230 Graduates**

56% practicing in Idaho

42% serving underserved/rural Idaho

Blackfoot	1	Montpelier	1
Boise	59	Moscow	2
Bonners Ferry	1	Mountain Home	2
Burley	1	Nampa	12
Caldwell	7	Osburn	1
Coeur d'Alene	3	Plummer	1
Cottonwood	5	Pocatello	1
Eagle	2	Post Falls	1
Hailey	3	Rexburg	1
Idaho Falls	1	Rupert	1
Jerome	2	Sandpoint	2
Kuna	3	Twin Falls	5
McCall	3	Weiser	1
Meridian	7		





## **AAFP Health Care Reform**

By Samuel Summers, MD, Board Chair

Health Care Reform has been front page news for most of this year. Nearly everyone agrees that our system needs improvement and nearly everyone has different solutions, ideas, and priorities for reform. The range of views on actual health care delivery is equally wide. At one end of the spectrum there are those who believe in total self-sufficiency in seeking health care with no insurance and at the other end are those who believe in a government-run, single payer system that includes all people, regardless of their pre-existing conditions, medical history, and financial resources.

President Obama invited Dr. Epperly, president of the American Academy of Family Physicians (AAFP), to participate in one of the first health reform meetings of the new administration. The AAFP's Goal is: "To provide health care coverage to everyone through a primary care based system built on the patient-centered medical home." Dr. Epperly is a leading proponent of the patient-centered medical home, as evidenced nationally in his leadership of the AAFP and locally in his direction of the FMRI. [See related article on the Patient Centered Medical Home by Dr. Epperly.]

At the end of the meeting, President Obama asked Dr. Epperly to give the closing remarks. Dr. Epperly did not equivocate, "Affordable health coverage must be available to all Americans, regardless of pre-existing conditions or medical history."



#### **Our Vision**

Develop outstanding family physicians to serve the citizens, families, communities, and the State of Idaho.

#### **Patient Centered Medical Home,**

by Ted Epperly, MD, Program Director and CEO

As President of the American Academy of Family Physicians I speak with hundreds of family physicians and visit dozens of family medicine clinics around the country. It is with great pride that I return to FMRI because here in Idaho we are national leaders in the creation of Patient Centered Medical Homes that integrate patients as active participants in their own health and well-being.

Patients are cared for by a personal physician who leads the medical team that coordinates all aspects of preventive, acute and chronic needs of patients using the best available evidence and appropriate technology. These relationships offer patients comfort, convenience and optimal health throughout their lifetimes.

Our Residents benefit from learning first-hand how the model works. By using the Patient Centered Medical Home model in their practices, Residents will find greater satisfaction in their relationships with patients, patients will be more satisfied with their care, and better health outcomes will be the result.

FMRI operates four clinics, all of them are in the process of becoming model Patient Centered Medical Homes that are the cornerstones of health care reform.

**INTEGRITY | COMPASSION | ACCESS**



#### **Our Mission**

Train superb medical school graduates to become outstanding family physicians.

Prepare broadly trained family physicians to practice in rural Idaho.

Serve the underserved.

#### **About FMRI**

In 1974, FMRI received accreditation as a three-year family medicine resident program. The initial class of four entered the residency program a year later. In 1983, the Raymond Street clinic opened in the east wing of the current facility. Between 1983 and 1993, social services, obstetric, and pediatric clinics were added to the services. Since 1993, FMRI has opened an HIV Services clinic and established Rural Training Tracks in Caldwell and the Magic Valley. FMRI has a long history of recruiting excellent residents who are committed to serving rural and underserved populations. To maximize the education of the residents and care of patients, FMRI implements the latest informational technology including the Electronic Medical Record. Open access scheduling, e-mail visits, group visits, and development of integrative healing relationships are major goals of the Residency.

#### **Alumni and Friends**

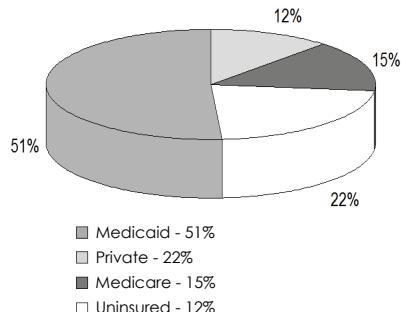
In 2009, FMRI held the first Alumni and Friends Dinner at the BSU Stueckle Sky Center. Long-time friends of FMRI, Ed Dahlberg, Karen Kellie, and Karl Kurtz, were honored for their long-term support. The event was well attended and raised \$50,000 for the FMRI endowment. FMRI has created an Alumni and Friends group to support the endowment. The long-term goal is to raise \$5 million to fund FMRI physician faculty outreach and education in Idaho's rural communities. For more information, please contact Dr. Julia Robinson, Director of Community Affairs, at [julie.robinson.boise@gmail.com](mailto:julie.robinson.boise@gmail.com) or (208) 850-5933.

**RESPONSIBILITY | EXCELLENCE | COMMITMENT**

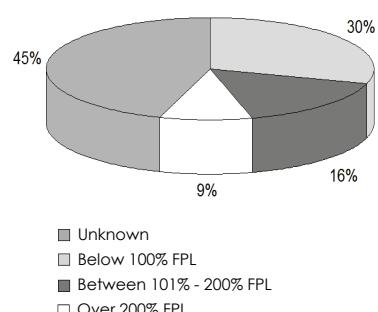


**Our Motto**  
Train to Remain

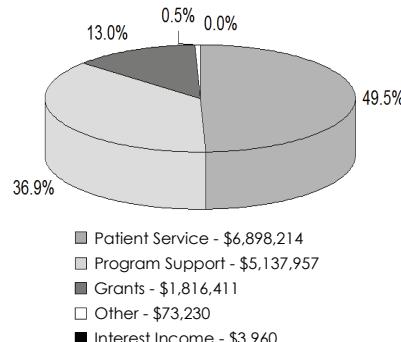
**Users Principal Source of Insurance**



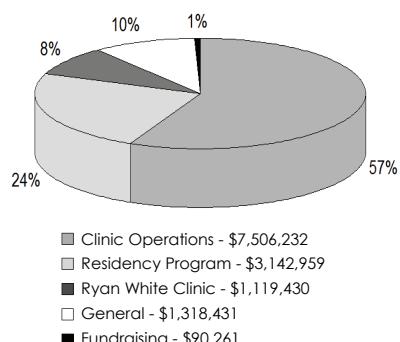
**Users by Federal Poverty Level (FPL)**



**FY'09 Income - \$13,929,773\***



**FY'09 Expense - \$13,177,314**



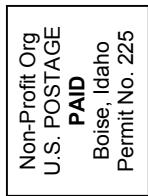
**Assets** FYE 6/30/09

Cash	\$1,122,191
Accounts Receivable	\$629,123
Other Current Assets	\$419,791
Long-Term Assets	\$470,082
<b>TOTAL</b>	<b>\$2,641,187</b>

**Liabilities** FYE 6/30/09

Liabilities	\$1,101,301
Net Fund Balance	\$1,539,886
<b>TOTAL</b>	<b>\$2,641,187</b>

\* The audited financial statements for the fiscal year ended 6/30/09 reported excess revenues over expenses of \$752K (due largely to enhanced Medicaid payments as a result of the residency's status as a "Federally Qualified Health Center Look-a-like"). Approximately \$328K of this amount represents enhanced reimbursement for claims incurred during the fiscal year ended 6/30/08.



FAMILY MEDICINE RESIDENCY  
OF IDAHO

777 NORTH RAYMOND STREET  
Boise, Idaho 837-04

RETURN SERVICE REQUESTED

[www.fmridaho.org](http://www.fmridaho.org)

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